

## Common Behavioral Health Definitions

**Co-occurring Disorders:** A person has both mental health and substance use issues.

**Outpatient:** Treatment takes place in a community program setting. Patients do not stay overnight.

**Inpatient:** Treatment takes place in a residential, hospital, or treatment facility. Patients stay overnight for extended periods of time.

**Recovery/Resource Centers:** Centers where a person can get information on many types of treatment, recovery and support options including peer support.

**Support Groups:** Groups that do not provide licensed treatment but can offer support.

**Crisis Hotline:** A phone number an individual can call, usually 24/7 when there is a mental health or substance use emergency.

**Mobile Crisis:** An immediate response by a team of health professionals in the community for people experiencing mental health crises.

**Peer Services:** Persons with personal experience specially trained to work with people.

**Detox:** Programs that help remove substances from your body with the help of licensed medical professionals. This could happen in inpatient or outpatient settings.

**Respite Services:** Short-term relief to people who are caring for family members who might need more support outside of the home. There are different models for providing respite care depending on how much support is needed.

**Medication Assisted Treatment (MAT):** Treatment approach for opioid misuse using medications given by a medical professional.

**If you are not ready for substance use treatment, there are other options available:**

**Harm Reduction** programs give you ways to lower the chance of overdose and other dangers that come with substance use such as getting HIV/Hep C and other illnesses including:

- **Naloxone (Narcan):** Medication that temporarily stops an opioid overdose.
- **Syringe Exchange:** Programs that offer free, sterile syringes and collect used syringes from injection drug users.

For more information on harm reduction services, reach out to CHASI's Harm Reduction Program 718-808-1800.

## MORE HELPFUL RESOURCES

### Hotlines:

**Suicide/Crisis Lifeline OR NYC WELL**  
Call or text 988

**NYS Office of Alcoholism & Substance Abuse Services (OASAS) HOPELINE**  
1-877-8-HOPENY (1-877-846-7369) or text HOPENY

**Support groups for people living with substance use disorders  
OR people with loved ones with substance use disorders:**

**Alcoholics Anonymous**  
Visit [www.statenislandaa.org](http://www.statenislandaa.org)  
Or call the 24/7 hotline at (212) 647-1680

**Narcotics Anonymous**  
Visit [www.newyorkna.org](http://www.newyorkna.org)  
Visit [www.na-si.org](http://www.na-si.org)

**SMART Recovery for Family & Friends NYC**  
Call (646) 854-8840  
Or email [SMARTstatenisland@gmail.com](mailto:SMARTstatenisland@gmail.com)  
[www.smartrecovery.org](http://www.smartrecovery.org)

**Al-Anon**  
Visit [www.nycalanon.org](http://www.nycalanon.org)  
Or call (212) 941-0094 to find local services

**Nar-Anon**  
Visit [www.nar-anon.org/naranon/](http://www.nar-anon.org/naranon/)  
Or call (718) 967-2609 to find local services

**Support groups for people living with mental health issues  
OR people with loved ones with mental health issues:**

**National Alliance on Mental Illness (NAMI)**  
930 Willowbrook Rd, SI, NY 10314  
(718) 477-1700

**NAMI Teen & Young Adult Helpline**  
Text "Friend" to 62640  
Call 1-800-950-6264  
Chat at [www.nami.org/help](http://www.nami.org/help)

**NAMI NYC Metro**  
Call (212) 684-3264  
Email [helpline@naminyc.org](mailto:helpline@naminyc.org)  
Or visit [www.namincmetro.org](http://www.namincmetro.org) to learn more about classes, phone support, social groups, and support groups

**Support groups for people grieving loss due to substance use:**

**Grief Recovery After a Substance Passing (GRASP)**  
Email [StatenIslandGrasp@gmail.com](mailto:StatenIslandGrasp@gmail.com)  
Or call (718) 313-5733 to find local services

### Other Resources:

**RUMC Mobile Crisis Outreach Services**  
Services available 24/7  
Call (718) 818-6900

**RUMC Comprehensive Psychiatric  
Emergency Program (CPEP)**  
Call (718) 818-6300

**Staten Island Jewish Board  
Children's Mobile Crisis Team**  
Call 988  
or visit [nyc988.cityofnewyork.us/en/mct-referral-online-form](http://nyc988.cityofnewyork.us/en/mct-referral-online-form)

**Talkspace - Free online therapy for NYC teens ages 13-17**  
Visit [www.talkspace.com/coverage/nyc](http://www.talkspace.com/coverage/nyc)



## STATEN ISLAND BEHAVIORAL HEALTH RESOURCE GUIDE

— Your guide to —

## Substance Use and Mental Health Support Services

TYSA is a coalition of professionals, leaders, and community members who are invested in preventing and reducing substance misuse and mental illness rates on Staten Island. This guide gives definitions for common behavioral health terms and local resources on Staten Island. For more information, visit [TYSA.nyc](http://TYSA.nyc).

  
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Community Wellness**



## What is Behavioral Health?

**Behavioral Health** is a state of well-being that includes our social, emotional, physical, and psychological conditions. Behavioral health services address mental health and substance misuse disorders.

Behavioral Health issues are different for everyone and require different levels of care. The following outpatient providers can help you or your loved ones find services that are appropriate and connect you to care in your community including inpatient, residential, or other services. Many of these state licensed providers address both substance use and mental health issues.

Behavioral Health issues can impact families and loved ones. Many of these providers offer counseling services for loved ones and families of a person with behavioral health issues.

## Services Key:

- P** Peer support services
- H** Harm reduction services
- 24/7** Open 24 hours 7 days a week
- S** Spanish-speaking therapists
- LGBTQ+** trained therapists
- U** Serves uninsured clients



## Clubhouses

**(PHU)** Camelot Clubhouse (ages 18+ for SUD, 12-17 for youth prevention)  
1266 Forest Ave, SI, NY 10302  
718-356-5100

**(H/U)** Venture House - Mental Health Clubhouse (ages 18+)  
1442 Castleton Ave, SI, NY 10302  
718-658-7821

## LGBTQ+ Specialized Substance Use Providers

**(PHS/U)** Staten Island Pride Center (ages 13+)  
66 Willow Ave. Suite 202, SI, NY 10305  
(718) 808-1360

**(PHS/U)** The Gay Center (ages 13+) (Manhattan)  
208 W 13 St, NY, NY 10011  
(212) 620-7310

## Recovery and Resource Centers:

**(PH)** Celebrate Hope Recovery Center (ages 13+)  
Faith-based recovery program  
88 New Dorp Plaza, SI, NY 10306  
844-694-6734

**(PH 24/7 S)** Christopher's Reason (ages 18+)  
4521 Arthur Kill Rd., 3rd floor, SI, NY 10309  
718-605-1989

**(PH 24/7 S/U)** Community Health Action of SI Next Step Resource Center (all ages)  
56 Bay Street, 1st floor, SI, NY 10301  
718-808-1450

## Substance Use Providers:

**(S/U)** Bridge Back to Life Center (all ages)  
1688 Victory Boulevard, SI, NY 10314  
718-477-5700

**(P/U)** Camelot of Staten Island (all ages)  
1268 Forest Ave SI, NY, 10302  
718-356-5100

**(S/U)** Central Family Life - ATLAS Functional Family Therapy Program (ages 18-22)  
59 Wright St., SI, NY 10304  
(718) 273-8414 ext. 313

**(PH 24/7 S)** Charlie Health - Intensive Outpatient (Fully online, no waitlist) (ages 11-34)  
www.charliehealth.com  
1-866-508-7084 / 917-324-0120

**(P 24/7 S)** Christopher's Reason  
4521 Arthur Kill Rd., 3rd floor, SI, NY 10309  
718-605-1989

**(S/U)** Community Health Action of Staten Island (CHASI) (ages 18+)  
56 Bay Street, SI, NY 10301  
718-808-1450

**(H 24/7 S/U)** Gotham Health Vanderbilt (NYC H+H) (ages 18+)  
165 Vanderbilt avenue, Staten Island, NY 10304  
718-616-1042

**(S/U)** Project Hospitality (ages 18+)  
14 Slosson Terrace, SI, NY 10301  
718-273-8409

**(24/7 S)** Recovery Centers of America - Inpatient Detox + Residential (ages 18+)  
901 Ernton Road, South Amboy, NJ 08879  
732-423-2328

**(PHS/U)** RUMC/Silberstein Center (ages 18+)  
**(PHS/U)** Center for Young Adults (ages 11-24)  
1130 South Avenue, SI, NY 10314  
718-818-6970 (Silberstein) / 718-818-7038 (Young Adults)

**(PHS/U)** Samaritan Daytop Village (ages 12+)  
1915 Forest Avenue, SI, NY 10303  
718-981-3136

**(PH/U)** Silver Lake Behavioral Health (ages 18+)  
201 Forest Avenue, SI, NY 10301  
718-815-3155

**(PH/U)** SIUH CATCH Team (ages 18+)  
450 Seaview Avenue, SI, NY 10305 / 375 Seguine Avenue, SI, NY 10309  
718-226-7922 / 718-226-7921

**(PH/U)** SIUH Methadone Maintenance Treatment Program (ages 18+)  
392 Seguine Ave, SI, NY 10309 / 111 Waters St, SI, NY 10304  
718-226-2808 / 718-226-4990

**(PH/U)** SIUH Outpatient Addiction Recovery Services (ages 18+)  
450 Seaview Avenue, SI, NY 10305  
718-226-2752

**(PHU)** South Beach Addiction Treatment Center (OASAS) (ages 18+)  
777 Seaview Ave., Building #6, SI, NY 10305  
718-667-2551

**(PHS/U)** Staten Island Mental Health Society (Division of RUMC) (ages Perinatal-24)  
1130 South Ave., SI, NY 10314 / 669 Castleton Avenue, SI, NY 10310  
718-720-6727 / 718-442-2225

**(P/U)** Sun River Health Addiction Treatment Program (ages 18+)  
56 Bay Street 6th Floor, SI, NY 10301  
718-808-1439

**(PH/U)** YMCA Counseling Service (all ages)  
3911 Richmond Avenue, SI, NY 10312 / 285 Vanderbilt Avenue, SI, NY 10304  
718-948-3232 / 718-981-4382

## Mental Health Emergencies:

**(24/7 S/U)** RUMC Comprehensive Psychiatric Emergency Program (all ages)  
355 Bard Ave, 1st floor, SI, NY 10310  
718-818-6300

## Mental Health Providers:

**(PHS/U)** CHASI Harm Reduction & Playure Network Health Hub (ages 18+)  
166 Port Richmond Ave, SI, NY 10302  
718-808-1824

**(H 24/7 S)** Jewish Board of Family and Children's Services (ages 5+)  
1765 South Avenue, SI, NY 10314  
844-663-2255

**(S/U)** Project Hospitality (ages 18+)  
14 Slosson Terrace, SI, NY 10301  
718-273-8409

**(S/U)** RUMC Partial Hospital Program (ages 18+)  
1130 South Avenue, SI, NY 10314  
718-818-6132

**(S/U)** RUMC Saint George Clinic (ages 18+)  
1130 South Avenue, SI, NY 10314 / 690 Castleton Avenue, SI, NY 10310  
718-818-6132 / 718-818-5777

**(PHS/U)** Saint Joseph's Medical Center (ages 18+)  
1216 Bay Street, SI, NY 10305  
718-982-4740

**(PH/U)** Silver Lake Behavioral Health (ages 18+)  
201 Forest Avenue, SI, NY 10301  
718-815-3155

**(PH/U)** SIUH Mental Health Clinic (ages 16+)  
450 Seaview Ave, SI, NY 10305  
718-226-8910

**(PH/U)** SIUH Intensive Outpatient Program (ages 18+)  
450 Seaview Avenue, SI, NY 10305  
718-226-8910

**(PH/U)** SIUH OnTrack NY (onset of psychosis ages 16-30)  
450 Seaview Avenue, SI, NY 10305  
718-226-8910

**(PHU)** South Beach Psychiatric Center (all ages)  
777 Seaview Avenue, SI, NY 10305  
718-667-2300

**(PHS/U)** Staten Island Mental Health Society (RUMC) (ages Perinatal-24)  
1130 South Ave., SI, NY 10314 / 669 Castleton Ave., SI, NY 10310  
718-720-6727 / 718-442-2225

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