

## Common Behavioral Health Definitions

**Co-occurring Disorders:** A person has both mental health and substance use issues

**Outpatient:** Treatment takes place in a community program setting. Patients do not stay overnight

**Inpatient:** Treatment takes place in a residential, hospital, or treatment facility. Patient stays overnight for an extended period of time

**Recovery/Resource Centers:** Centers where a person can get information on many types of treatment, recovery and support options including peer support

**Support Groups:** Groups that do not provide licensed treatment but can offer support

**Crisis Hotline:** A phone number an individual can call, usually 24/7 when there is a mental health or substance use emergency

**Mobile Crisis:** immediate response by a team of health professionals in the community for people experiencing a mental health crisis

**Peer Services:** Persons with personal experience specially trained to work with people

**Detox:** Programs help remove substances from your body

with the help of licensed medical professionals. This could happen in an inpatient or outpatient setting

**Respite Services:** Short-term relief to people who are caring for family members who might need more support outside of the home. There are different models for providing respite care depending on how much support is needed

**Medication Assisted Treatment (MAT):** Treatment approach for opioid misuse using medications given by a medical professional.

**If you are not ready for substance use treatment, there are other options available:**

**Harm Reduction** programs give you ways to lower the chance of overdose and other dangers that come with substance use such as getting HIV/Hep C and other illnesses including:

- **Naloxone:** medication that temporarily stops an opioid overdose and saves lives
- **Syringe Exchange:** free sterile syringes and collects used syringes from injection drug users

For more information on harm reduction services, reach out to CHASI's Harm Reduction Program 718-808-1800.

## MORE HELPFUL RESOURCES

### Helplines:

**NYS Office of Alcoholism & Substance Abuse Services (OASAS) HOPELINE**  
1-877-8-HOPENY (1-877-846-7369) or text HOPENY

### NYC WELL

1-888 NYC WELL (1-888-692-9355)  
Or text WELL to 65173

### Support groups for people living with substance use disorders:

#### Alcoholics Anonymous

Visit [www.statenislandaa.org](http://www.statenislandaa.org)  
Or call the 24/7 Hotline at (212) 647-1680

#### Narcotics Anonymous

Visit [www.newyorkna.org](http://www.newyorkna.org)  
Visit [www.na-si.org](http://www.na-si.org)

### Support groups for people living with mental health issues:

**National Alliance on Mental Illness (NAMI)**  
930 Willowbrook Rd Staten Island, NY 10314  
(718) 477-1700

### Support groups for loved ones:

**SMART Recovery for Family & Friends NYC**  
Call (646) 854-8840 or email  
[SMARTstatenisland@gmail.com](mailto:SMARTstatenisland@gmail.com)  
[www.smartrecovery.org](http://www.smartrecovery.org)

#### Al-Anon

Visit [www.nycalanon.org/](http://www.nycalanon.org/)  
Or call (212) 941-0094 to find local services

#### Nar-Anon

Visit [www.nar-anon.org/naranon/](http://www.nar-anon.org/naranon/)  
Or call (718) 967-2608  
to find local services



# STATEN ISLAND BEHAVIORAL HEALTH RESOURCE GUIDE

— Your guide to —

## Substance Use. Mental Health Treatment and Support Services

The Staten Island Partnership for Community Wellness (SIPCW) and the Staten Island Performing Provider System (SI PPS) are nonprofit organizations working to connect the community with behavioral health resources. This guide gives definitions for common behavioral health terms and local resources on Staten Island.



## What is Behavioral Health?

**Behavioral Health** is a state of well-being that includes our social, emotional, physical, and psychological conditions. Behavioral health services address mental health and substance misuse disorders.

Behavioral Health issues are different for everyone and require different levels of care. The following outpatient providers can help you or your loved ones find services that are appropriate and connect you to care in your community including inpatient, residential, or other services. Many of these state licensed providers address both substance use and mental health issues.

Behavioral Health issues can impact families and loved ones. Many of these providers offer counseling services for loved ones and families of a person with behavioral health issues.



## Recovery and Resource Centers:

*Ask about peer support and harm reduction\**

**Carl's Recovery Center/Catholic Charities of Staten Island** (all ages)  
6581 Hylan Blvd Building #13, SI, NY 10309  
(718) 412-1851 (choose option 1)

**Celebrate Hope Recovery Center** (ages 13+)  
Faith-based Recovery Program  
88 New Dorp Plaza, SI, NY 10306  
1-844-694-6734

**Christopher's Reason\*** (all ages)  
4521 Arthur Kill Rd., 3RD FL. SI, NY 10309  
718-605-1989

**Community Health Action of SI Next Step Resource Center+** (all ages)  
26 Bay Street, 3rd FL, SI, NY 10301  
718-808-1450

**Opening Doors Wellness & Recovery** (all ages)  
1-855-588-HOPE (4673)  
149 Fillmore Street, SI, NY 10301

*+ open 24 hours 7 days a week*

## Clubhouses

**Camelot Clubhouse** (ages 12-17)  
1266 Forest Ave SI, NY 10302  
718-981-8117

**Venture House - Mental Health Clubhouse** (ages 18+)  
1442 Castleton Ave SI, NY 10302  
718-658-7821

## Substance Use Providers:

**Bridge Back to Life Center** (serve all ages)  
1688 Victory Boulevard, SI, NY 10314  
718-447-5700

**Brightpoint Health Addiction Treatment Program** (ages 18+)  
56 Bay Street 6th Floor, SI, NY 10301  
718-808-1439

**Camelot of Staten Island** (all ages)  
1268 Forest Ave SI, NY 10302  
718-981-8117

**Christopher's Reason**  
4521 Arthur Kill Rd., 3rd Fl, SI, NY 10309  
718-605-1989

**Project Hospitality** (ages 18+)  
14 Slosson Terrace, SI, NY 10301  
718-273-8409

**RUMC/Silberstein Center** (ages 18+) / **Center for Young Adults** (ages 16-24)  
1130 South Avenue, SI, NY 10314  
718-818-6970 / 718-818-5302

**Samaritan Daytop Village** (all ages)  
1915 Forest Avenue, SI, NY 10303  
718-981-3136

**Silver Lake Behavioral Health** (ages 18+)  
201 Forest Avenue, SI, NY 10301  
718-815-3155

**South Beach Addiction Center** (all ages)  
777 Seaview Ave SI, NY 10305  
718-667-2551

**Staten Island Mental Health Society** (ages 11+)  
444 St. Mark's Place, SI, NY 10301  
718-720-6727  
669 Castleton Avenue, SI, NY 10310  
718-442-2225

**Staten Island University Hospital** (ages 18+)  
392 Seguire Avenue, SI, NY 10314  
718-226-2752/2537

**YMCA Counseling Service** (all ages)  
3911 Richmond Avenue, SI, NY 10312 & 285 Vanderbilt Avenue, SI, NY 10304  
718-948-3232 & 718-981-4382

## Mental Health Emergencies:

**RUMC Comprehensive Psychiatric Emergency Program (CPEP)+** (all ages)  
355 Bard Ave (1st Floor) Staten Island, NY 10310  
718-818-6443 OR  
call NYC Well to dispatch a crisis mobile team 1-888-692-9355

## Mental Health Providers:

**Jewish Board of Family and Children's Services** (all ages)  
1765 South Ave Staten Island, NY 10314  
718-761-9800

**St. Joseph's Medical Center** (ages 18+)  
1216 Bay St Staten Island, NY 10305  
718-982-4740

**Staten Island Mental Health Society** (ages 0-19)  
444 St. Mark's Place, SI, NY 10301  
718-720-6727  
669 Castleton Avenue, SI, NY 10310  
718-442-2225

**South Beach Psychiatric Center** (all ages)  
777 Seaview Ave Staten Island, NY 10305  
718-667-2300

**RUMC-St. George Clinic** (18+)  
1130 South Ave Staten Island, NY 10314  
718-818-6132  
690 Castleton Ave SI, NY 10310  
718-818-6132

**Freedom from Fear** (all ages)  
308 Seaview Ave St, NY 10305  
718-351-1717

**Project Hospitality** (ages 18+)  
14 Slosson Terrace Staten Island, NY 10301  
718-273-8409

**Silver Lake Behavioral Health** (ages 18+)  
201 Forest Ave SI, NY 10301  
718-815-3155

**SIUH Mental Health Clinic** (ages 18+)  
392 Seguire Ave SI, NY 10309 & 450 Seaview Ave SI, NY 10305  
718-226-2274 & 718-226-8910

**SIUH Partial Hospital Program** (ages 18+)  
450 Seaview Ave SI, NY 10305  
718-226-6552

**SIUH OnTrack NY** (onset of psychosis ages 16-30)  
392 Seguire Ave SI, NY 10309  
718-226-3943

**RUMC Partial Hospital Program** (ages 18+)  
1130 South Ave Staten Island, NY 10314  
718-818-6132