

Common Behavioral Health Definitions

Co-occurring Disorders: A person has both mental health and substance use issues

Outpatient: Treatment takes place in a community program setting. Patients do not stay overnight

Inpatient: Treatment takes place in a residential, hospital, or treatment facility. Patient stays overnight for an extended period of time

Recovery/Resource Centers: Centers where a person can get information on many types of treatment, recovery and support options including peer support

Support Groups: Groups that do not provide licensed treatment but can offer support

Crisis Hotline: A phone number an individual can call, usually 24/7 when there is a mental health or substance use emergency

Peer Services: Persons with personal experience specially trained to work with people

Detox: Programs help remove substances from your body with the help of licensed medical professionals. This could happen in an inpatient or outpatient setting

Respite Services: Short-term relief to people who are caring for family members who might need more support outside of the home. There are different models for providing respite care depending on how much support is needed

Medication Assisted Treatment (MAT): Treatment approach for opioid misuse using medications given by a medical professional.

If you are not ready for substance use treatment, there are other options available:

Harm Reduction programs give you ways to lower the chance of overdose and other dangers that come with substance use such as getting HIV/Hep C and other illnesses including:

- **Naloxone:** medication that temporarily stops an opioid overdose and saves lives
- **Syringe Exchange:** free sterile syringes and collects used syringes from injection drug users

For more information on harm reduction services, reach out to CHAS's Harm Reduction Program 718-808-1800.

MORE HELPFUL RESOURCES

Helplines:

NYS Office of Alcoholism & Substance Abuse Services (OASAS) HOPELINE
1-877-8-HOPENY (1-877-846-7369) or text HOPENY

NYC WELL

1-888 NYC WELL (1-888-692-9355)
Or text WELL to 65173

Support groups for people who struggle with substance use:

Alcoholics Anonymous

Visit www.statenislandaa.org
Or call the 24/7 Hotline at (212) 647-1680

Narcotics Anonymous

Visit www.newyorkna.org
Visit www.na-si.org

Support groups for people who struggle with mental health:

National Alliance on Mental Illness (NAMI)

930 Willowbrook Rd Staten Island, NY 10314
(718) 477-1700

Support groups for loved ones:

Al-Anon

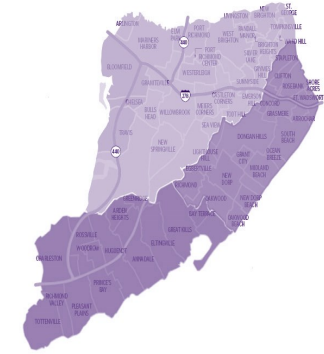
Visit www.nycalanon.org/
Or call (212) 941-0094 to find local services

Nar-Anon

Visit www.nar-anon.org/naranon/
Or call (800) 984-0066 or (718) 967-2608 to find local services

SMART Recovery for Family & Friends NYC

Call (646) 472-9706 or email
SMARTstateniland@gmail.com



STATEN ISLAND Behavioral Health Resource Guide

Your guide to

Substance Use, Mental Health Treatment and Support Services

The Staten Island Partnership for Community Wellness (SIPCW) and the Staten Island Performing Provider System (SI PPS) are nonprofit organizations working to connect the community with behavioral health resources. This guide gives definitions for common behavioral health terms and local resources on Staten Island.

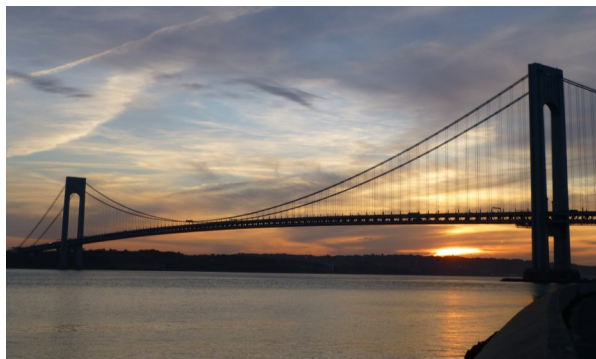


What is Behavioral Health?

Behavioral Health is a state of well-being that includes our social, emotional, physical, and psychological conditions. Behavioral health services address mental health and substance misuse disorders.

Behavioral Health issues are different for everyone and require different levels of care. The following outpatient providers can help you or your loved ones find services that are appropriate and connect you to care in your community including inpatient, residential, or other services. Many of these state licensed providers address both substance use and mental health issues.

Behavioral Health issues can impact families and loved ones. Many of these providers offer counseling services for loved ones and families of a person with behavioral health issues.



Recovery and Resource Centers:

*Ask about peer support and harm reduction**

Community Health Action of SI Next Step Resource Center* (all ages)

26 Bay Street, 3rd FL, SI, NY 10301
718-808-1450

Christopher's Reason* (all ages)

4521 Arthur Kill Rd., 3RD FL, SI, NY10309
718-605-1989

Carl's House (all ages)

585 Veterans Rd W, SI, NY 10309
(718) 412-1851 (choose option 1) + open 24 hours 7 days a week

Substance Use Treatment:

Bridge Back to Life Center (serve all ages)

1688 Victory Boulevard, SI, NY 10314
718-447-5700

Camelot of Staten Island (all ages)

263 Port Richmond Avenue, SI, NY 10302
718-981-8117

Community Health Action of Staten Island (CHASI) (ages 18+)

56 Bay Street 6th Floor, SI, NY 10301
718-808-1439

Project Hospitality (ages 18 +)

14 Slosson Terrace, SI, NY 10301
718-273-8409

RUMC/Silberstein Center (ages 18 +)

1130 South Avenue, SI, NY 10314
718-818-6970

Samaritan Daytop Village (all ages)

1915 Forest Avenue, SI, NY 10303
718-981-3136

Silver Lake Support Services (ages 18 +)

201 Forest Avenue, SI, NY 10301
718-815-3155

Staten Island Mental Health Society (ages 11+)

444 St. Mark's Place, SI, NY 10301
718-720-6727

669 Castleton Avenue, SI, NY 10310

718-442-2225

Staten Island University Hospital (ages 18 +)

392 Seguire Avenue, SI, NY 10314
718-226-2808

HeartShare St. Vincent's Services (all ages)

56 Bay Street, 1st Floor, SI, NY 10301
718-981-7861

YMCA Counseling Service (all ages)

3911 Richmond Avenue, SI, NY 10312
718-948-3232

285 Vanderbilt Avenue, SI, NY 10304

718-981-4382

Christopher's Reason dba Resource Training and Counseling Center (all ages)

4521 Arthur Kill Rd., 3RD FL, SI, NY10309
718-605-1989

Mental Health Providers:

Jewish Board of Family and Children's Services (all ages)

2795 Richmond Ave Staten Island, NY 10314
718-761-9800

St. Joseph's Medical Center (ages 18+)

1216 Bay St Staten Island, NY 10305
718-718-985-4740

Staten Island Mental Health Society (ages 0-19)

444 St. Mark's Place, SI, NY 10301
718-720-6727

669 Castleton Avenue, SI, NY 10310

718-442-2225

South Beach Psychiatric Center (all ages)

777 Seaview Ave Staten Island, NY 10305
718-667-2300

RUMC-St. George Clinic (all ages)

1130 South Ave Staten Island, NY 10314
718-818-6132

Freedom from Fear (all ages)

308 Seaview Ave Staten Island, NY 10305
718-351-1717

Sky Light Center (ages 18+)

307 St. Mark's Place Staten Island, NY 10301
718-780-2585

Project Hospitality (ages 18+)

14 Slosson Terrace Staten Island, NY 10301
718-273-8409

Silver Lake Support Services (ages 18+)

201 Forest Ave SI, NY 10301
718-815-3155

SIUH Mental Health Clinic (ages 18+)

392 Seguire Ave SI, NY 10309
718-226-2274

450 Seaview Ave SI, NY 10305

718-226-8910

SIUH OnTrack NY (onset of psychosis ages 16-30)

392 Seguire Ave SI, NY 10309

718-226-2538/8451

RUMC Comprehensive Psychiatric Emergency Program (CPEP)+ (all ages)

355 Bard Ave (1st Floor) Staten Island, NY 10310

718-818-6443

If you are having a mental health emergency, go to Richmond University Medical Center- Comprehensive Psychiatric Emergency Program or call NYC Well to dispatch a crisis mobile team